

SUN	MON	TUE	WED	THU	FRI	SAT
	Put change in a vending machine	<b>2</b> Hold the door open for someone	Do a chore for someone without them knowing	<b>4</b> Tell a joke	Return someone's cart at the store	<b>6</b> Give candy to your bank teller
<b>7</b> Leave a letter in a library book	<b>8</b> Feed the birds	<b>9</b> Leave happy notes around town	<b>10</b> Put a small bin in your car to collect recycling	11 Call your grandparents and ask them about their childhood	12 Pick up litter	13 Let someone go ahead of you in line
14 Compliment a friend	15 Wash someone's car	<b>16</b> Write a thank you note for your mail carrier	17 Plant something	18 Bake dessert for a neighbor	19 Walk dogs at the animal shelter	20 Check in on an elderly neighbor
21 Set up a lemonade stand and donate the profits	22 Send a card to a service member	<b>23</b> Bury treasure at the playground	<b>24</b> Set the table for dinner	25 Leave bubbles on someone's doorstep	<b>26</b> Tell someone why they are special to you	<b>27</b> Donate outgrown clothes
28 Buy a coffee for a stranger	29 Pass out stickers to kids waiting in line	<b>30</b> Help make dinner				